



Covid-19 Addendum
to Coastside Children's Programs
Family Handbook

May 2022

to be updated as necessary

Vaccination:

On August 11, 2021, Governor Newsom and the California Department of Public Health (CDPH) issued a new health order requiring school districts to verify COVID-19 vaccination status for school workers. The CDPH Health Order requires that all school district workers and volunteers provide districts with proof of full vaccination status or undergo weekly COVID-19 testing and provide those results to their district.

Because Coastside Children's Programs (CCP) is located on the CUSD grounds and serves the same children and families, CCP will also be requiring all staff and volunteers to provide proof of COVID-19 full vaccination status or undergo weekly COVID-19 testing starting October 15, 2021.

We strongly encourage all individuals that are eligible to be vaccinated or to receive a booster do so.

Health and Safety Measures (updated):

- 1. If your child is sick, please do not send them to school. We recommend testing for anyone exhibiting COVID-19 symptoms. See guidance regarding Isolation and Quarantine for COVID-19.**
2. Face coverings for children and staff are recommended.
3. Staff, Children and caregivers will be asked daily Health Screening questions and have a temperature check upon arrival. If a staff member, child, or caregiver has a temperature at or above 99.9° F, they will not be allowed to enter the program.
4. Health screens will be done throughout the day. If your child shows signs of illness, a family member will be contacted to pick up the child immediately.
5. Children and staff will practice frequent hand washing and use sanitizer as a secondary preventative.
6. Bathrooms will be sanitized between uses.
7. Toys and surfaces will be sanitized frequently.
8. Doors and windows are to be open to allow for additional ventilation.

If we do not have an adequate number of staff available, a classroom and/or center may be closed.

Health Questionnaire (updated):

Staff and families will be required to respond to the following questionnaire daily upon arrival.

1. Have you or your child experienced any of the following symptoms in the past 24 hours:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
2. Have you or your child taken any fever reducing medications in the prior 24 hours?

3. Within the past 14 days have you or someone in your household lived in the same house as, or have had close contact (6 feet or closer for a cumulative total of 15 minutes) with anyone who is known to have a confirmed case of COVID-19?

*If yes, you or your child will be required to wear a tight-fitting face covering while indoors and when in close contact with others while outside, for 10 days from the exposure. (Face coverings not to be worn during nap and eating)

Families or staff that respond “yes” to any of the above questions are at risk of having or contracting COVID-19 and will be asked further questions. In some cases, they may not be able to attend CCP.

Signs of Illness during Program:

Children will be monitored for signs of illness throughout the day. If your child shows signs of illness, we will immediately separate him or her from the group until picked-up.

A family member must be able to come pickup your child immediately (within 30 minutes) if they are exhibiting any of the following symptoms:

- Headache or tiredness, unable to participate in routine activities or need more care than staff can provide
- Fever with behavior changes, difficulty breathing, coughing, unusually tired, persistent crying, etc.
- Open sores, rash, signs of infection, etc.
- Runny nose with colored mucus
- Diarrhea or vomiting

A child excluded from the group based on any of the above criteria will not be able to return to CCP until the family speaks with the Site Supervisor and provides the requested documentation. Please do not arrive for drop off after illness without prior approval.

Cleaning and Sanitizing:

- The entire facility will be cleaned and sanitized nightly by our regular janitorial staff.
- During the day, our teachers will be cleaning and sanitizing materials, adhering to guidelines set by San Mateo County Health Department and the CDC.
- We use cleaning solutions approved by the EPA and designated as effective against Covid-19 virus.
- High-touch surfaces, such as tabletops, chairs, door handles, will be cleaned and sanitized often throughout the day. Toilets and sink handles will be sanitized between each use.
- Materials that are shared or mouthed by children will be placed in a bin, cleaned and sanitized before the next use.
- We will clean and sanitize nap cots daily.

Isolation & Quarantine (updated):

A close contact is defined as an individual who was within 6 feet of a person who tested COVID positive for more than 15 minutes over a 24-hour period.

School Age & Preschool Children:

Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status:

- **Isolate at home** for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a test performed on day 5 or later tests negative. Day 0 is the day symptoms start, if you do not have symptoms day 0 is the date of your test.

- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.

Wear a well-fitting mask around others for a total of 10 days (KN95 preferred).

Close Contact Children – Regardless of Vaccination Status (updated):

Asymptomatic (no symptoms)

Continue to attend CCP for in-person instruction if they:

- Remain Asymptomatic (no symptoms)
- Wear a mask over nose and mouth (KN95 preferred) for 10 days from exposure
- Test on day 5 after exposure with an FDA approved COVID rapid Antigen test

Symptomatic or Develop Symptoms

- Isolate and get tested with a PCR or an FDA approved COVID rapid Antigen test

Test Negative

- Isolate per condition diagnosed by a healthcare provider
- Or
- At least 24 hours have passed since the last fever without the use of fever-reducing medication
- And
- Symptoms have improved

Test Positive

- Follow the Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status (see above)

*If signs of illness develop, stay home and test for COVID. If the test comes back negative, the child may return once symptoms are improving and fever free without medication for 24 hours. If the test comes back positive, follow the Isolation Guidance above.

*Families are responsible to provide their own COVID tests. CCP has a limited supply of tests for emergency situations. <https://www.smcgov.org/covid-19-testing>.

CCP Staff:

Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status:

- **Isolate** for at least 5 days from the start of symptoms or test date if asymptomatic (no symptoms). Day 0 is the day symptoms start or if no symptoms the date of your test.
- Isolation can end after day 5 if:
 - Symptoms are not present or are resolving

And

 - A test performed on day 5 or later tests negative. Antigen test* is preferred.
- If you are unable to test or choose not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves and at least 24 hours have passed since the last fever without the use of fever-reducing medications.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.

- If symptoms return, you must resume quarantine and test.

Wear a well-fitting mask around others for a total of 10 days (KN95 preferred).

Close Contact – Regardless of Vaccination Status (updated):

Asymptomatic (no symptoms)

Continue to attend CCP if you:

- Remain Asymptomatic (no symptoms)
- Wear a mask over nose and mouth (KN95 preferred) for 10 days from exposure
- Test on day 5 after exposure with an FDA approved COVID rapid Antigen test
*Testing is not required for asymptomatic employees who have recovered from COVID-19 in the last 90 days.

Symptomatic or Develop Symptoms

- Isolate and get tested with a PCR or an FDA approved COVID rapid Antigen test

Test Negative

- Isolate per condition diagnosed by a healthcare provider
- Or
- At least 24 hours have passed since the last fever without the use of fever-reducing medication
- And
- Symptoms have improved

Test Positive

- Follow the Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status (see above)

*For staff, your supervisor will need to witness and read all COVID-19 home tests. If your supervisor is not available, Mei or Ginger may witness.

*Test Sites:

- <https://www.smcgov.org/node/136/covid-19-testing>
- Antigen test site in San Bruno (Appointments Required, M-F, 8:30-4:30)
<https://bayareapls.com/san-mateo-county-free-covid-19-testing/>
(BayPLS - San Bruno (Near SFO) 841 San Bruno Avenue West, Unit 100, San Bruno, CA, US)

**Determining booster eligibility, please follow the link to the CDC guidelines. Adults may also mix and match Pfizer and Moderna for the booster shot.

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s_cid=11706:cdc%20covid%20booster:sem.ga:p:RG:GM:gen:PTN:FY22