



Covid-19 Addendum  
to Coastside Children's Programs  
Family Handbook

*January, 2022*  
*to be updated as necessary*

## **Vaccination:**

On August 11, 2021, Governor Newsom and the California Department of Public Health (CDPH) issued a new health order requiring school districts to verify COVID-19 vaccination status for school workers. The CDPH Health Order requires that all school district workers and volunteers provide districts with proof of full vaccination status or undergo weekly COVID-19 testing and provide those results to their district.

Because Coastside Children's Programs (CCP) is located on the CUSD grounds and serves the same children and families, CCP will also be requiring all staff and volunteers to provide proof of COVID-19 full vaccination status or undergo weekly COVID-19 testing starting October 15, 2021.

We strongly encourage all individuals that are eligible to be vaccinated or to receive a booster do so.

## **Health and Safety Measures:**

1. **If your child is sick, please do not send them to school. We recommend testing for anyone exhibiting COVID-19 symptoms. See guidance regarding Isolation and Quarantine for COVID-19**
2. Children (ages 2+) and Staff are required to wear face coverings while at CCP. Children will not be required to wear face coverings while eating, drinking, or napping. Face covering breaks for children will be taken outdoors when physical distancing allows it.
3. Children and caregivers are required to wear face coverings at drop-off and pick-up.
4. Staff, Children and caregivers will be asked daily Health Screening questions and have a temperature check upon arrival. If a staff member, child, or caregiver has a temperature at or above 99.9° F they will not be allowed to enter the program.
5. Health screens will be done throughout the day. If your child shows signs of illness a family member will be contacted to pick up the child immediately.
6. Children and staff will practice frequent hand washing and use sanitizer as a secondary preventative.
7. Bathrooms will be sanitized between uses.
8. Toys and surfaces will be sanitized frequently.
9. Doors and windows are to be open to allow for additional ventilation.
10. Only essential CCP staff and children are allowed inside our programs, please make arrangements with your site supervisor if you would like to schedule an observation.
11. Conferences will be conducted virtually or outdoors with 6ft. social distancing.
12. Families are asked to practice 6-foot distancing at drop off, pick up, and at gatherings.

**If we do not have an adequate number of staff available, a classroom and/or center may be closed.**

## **Health Questionnaire:**

Staff and families will be required to respond to the following questionnaire daily upon arrival. Should any staff or family member respond yes to any of the following questions, the staff member or the child will not be allowed to participate in the program.

1. Have you or someone in your household experienced any of the following symptoms in the past 48 hours:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches

- Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
2. Have you or your child taken any fever reducing medications in the prior 24 hours?
  3. Within the past 14 days have you or someone in your household lived in the same house as, or have had close contact (6 feet or closer for a cumulative total of 15 minutes) with:
    - Anyone who is known to have a confirmed case of COVID-19?
    - OR
    - Anyone who has any symptoms consistent with COVID-19?
  4. Are you or anyone in your home isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?
  5. Are you or anyone in your household currently waiting on the results of a COVID-19 test?

Families or staff that respond “yes” to any of the above questions are at risk of having or contracting COVID-19 and will not be permitted to attend without further information.

### **Signs of Illness during Program:**

Children will be monitored for signs of illness throughout the day. If your child shows signs of illness, we will immediately separate him or her from the group until picked-up.

A family member must be able to come pickup your child without delay (within 30 minutes) if they are exhibiting any of the following symptoms:

- Headache or tiredness, unable to participate in routine activities or need more care than staff can provide
- Fever with behavior changes, difficulty breathing, coughing, unusually tired, persistent crying, etc.
- Open sores, rash, signs of infection, etc.
- Runny nose with colored mucus
- Diarrhea or vomiting

A child excluded from the group based on any of the above criteria will not be able to return to CCP until the family speaks with the Site Supervisor and provides the requested documentation. Please do not arrive for drop off after illness without prior approval.

### **Cleaning and Sanitizing:**

- The entire facility will be cleaned and sanitized nightly by our regular janitorial staff.
- During the day, our teachers will be cleaning and sanitizing materials, adhering to guidelines set by San Mateo County Health Department and the CDC.
- We use cleaning solutions approved by the EPA and designated as effective against Covid-19 virus.
- High-touch surfaces, such as tabletops, chairs, door handles, will be cleaned and sanitized often throughout the day. Toilets and sink handles will be sanitized between each use.
- Materials that are shared or mouthed by children will be placed in a bin, cleaned and sanitized before the next use.
- We will clean and sanitize nap cots daily.

## **Isolation & Quarantine**

A close contact is defined as an individual who was within 6 feet of a person who tested COVID positive for more than 15 minutes over a 24-hour period.

### **School Age Children:**

**CCP follows the same guidelines as the K-12 schools. If your child is cleared to attend public school they may also attend CCP.**

#### **NEW Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status:**

- **Isolate at home** for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a test performed on day 5 or later tests negative. Day 0 is the day symptoms start, if you do not have symptoms day 0 is the date of your test.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.

Wear a well-fitting mask around others for a total of 10 days (KN95 preferred),

#### **Unvaccinated Close Contact Children (exposure in a school setting)**

##### **Modified Quarantine:**

Currently there is no change to the Modified Quarantine policy for children who are close contacts to a confirmed COVID case in the school setting.

Continue to attend school for in-person instruction if they:

- Are Asymptomatic (no symptoms)
- Wear a mask over nose and mouth (KN95 preferred)
- Undergo at least two tests during modified quarantine and provide negative test results to Site Supervisor. Inform your Site Supervisor if your child is participating in pool testing through CUSD. Pool testing will count towards your two test as long as the testing dates are after the exposure date. Example a child was exposed on Wed. January 5, 2022 the 10-day modified quarantine ends on January 16<sup>th</sup>, pool testing is on Tuesdays. There is only one Tuesday during the modified quarantine period, so you will have to provide results from a rapid home test or PCR test, the second test will be covered through pool testing.
- Continue to quarantine for all extracurricular activities

#### **Unvaccinated Close Contact (exposure outside of school):**

- Quarantine at home for at least 5 days, after your last contact with a person who has COVID-19. (date of last contact is day 0)
- Test on or after day 5.
- Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings
- If testing positive, follow isolation recommendations above.
- If symptoms develop, test and stay home.

## Preschool- Age Children:

**Due to the nature of Preschool and that preschool age children are not eligible for vaccination. We are following best practice and not adopting a test out of quarantine policy for children in our care. The following guidelines apply:**

**Preschool Children who test POSITIVE** (if using a home test please report it to your doctor or public health)

- Stay home and Isolate for 10 days from the positive test or start of symptoms (test date or start of symptoms is day 0).

**And**

- At least 24 hours have passed since the last fever without the use of fever-reducing medications

**And**

- Symptoms have improved

## Preschool Children who are Close Contacts

Asymptomatic (no symptoms)

- Quarantine for 10 days, from the date of last contact. (date of last contact is day 0)
- Recommend testing 5 days after exposure
- May not test out of quarantine

Symptomatic

- Get Tested
- Negative test result
  - Quarantine for 10 days from the start of symptoms. (start of symptoms date is day 0)
  - May not test out of quarantine
- Positive test result
  - Isolate for 10 days from the start of symptoms (start of symptom date is day 0)

**And**

- At least 24 hours have passed since the last fever without the use of fever-reducing medication

**And**

- Symptoms have improved

## CCP Staff:

**NEW Isolation Guidance for individuals who test POSITIVE, regardless of vaccination status:**

- **Isolate** for at least 5 days from the start of symptoms or test date if asymptomatic (no symptoms). Day 0 is the day symptoms start or if no symptoms the date of your test.
  - Isolation can end after day 5 if:
    - symptoms are not present or are resolving
- And**
- A test performed on day 5 or later tests negative. Antigen test\* is preferred.
  - If you are unable to test or choose not to test, and symptoms are not present or are resolving, isolation can end after day 10.
  - If fever is present, isolation should be continued until fever resolves and at least 24 hours have passed since the last fever without the use of fever-reducing medications.
  - If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.

- If symptoms return you must resume quarantine and test.

Wear a well-fitting mask around others for a total of 10 days (KN95 preferred).

**Close Contacts to a Confirmed COVID-19 Case:**

- Unvaccinated  
and

- Individuals eligible for a booster but have not been boosted\*\*

- Must quarantine for a minimum of 5 days from exposure (date of exposure is day 0).
- If you are asymptomatic (no symptoms). On day 5 or later you may test out of quarantine. A negative COVID test is required (antigen test\* preferred) and must be taken on day 5 or later. If you test negative and you continue to have no symptoms you may return to work. At any time in the 10 days from exposure, you develop symptoms you will have to quarantine and test. You will also need to wear a well-fitting high-quality mask (KN95 is preferred). If you choose to not test or are unable to you will remain in quarantine for 10 days from the exposure date.
- If you develop symptoms you will have to quarantine for a minimum of 5 days from the onset of symptoms (symptom onset date is day 0). On day 5 or later you may test out of quarantine. A negative COVID test is required (antigen test\* preferred) and must be taken on day 5 or later. If you test negative and your symptoms are gone or improving, you may return to work. At any time in the 10 days since symptoms started your symptoms return you must return to quarantine. You will also need to wear a well-fitting high-quality mask (KN95 preferred). If you choose to not test or are unable to you will remain in quarantine for 10 days from the onset of symptoms.

**Close Contacts to a Confirmed COVID-19 Case:**

- Boosted  
Or

- Fully vaccinated, but not yet booster-eligible\*\*

- Test on day 5 (date of exposure is day 0)
- Wear a well-fitting mask high quality mask for 10 days (KN95 preferred)
- If test positive, follow isolation recommendations for an Individual who tests positive.
- If symptoms develop, test and stay home

\*For Staff all COVID-19 home tests will need to be witnessed and read by your supervisor. If your supervisor is not available Mei or Ginger may witness.

\*Antigen test site in San Bruno (Appointments Required, M-F, 8:30-4:30) <https://bayareapls.com/san-mateo-county-free-covid-19-testing/>  
(BayPLS - San Bruno (Near SFO) 841 San Bruno Avenue West, Unit 100, San Bruno, CA, US)

\*\*Determining booster eligibility please follow the link to the CDC guidelines. Adults may also mix and match Pfizer and Moderna for the booster shot.  
[https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s\\_cid=11706:cdc%20covid%20booster:sem.ga:p:RG:GM:gen:PTN:FY22](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s_cid=11706:cdc%20covid%20booster:sem.ga:p:RG:GM:gen:PTN:FY22)